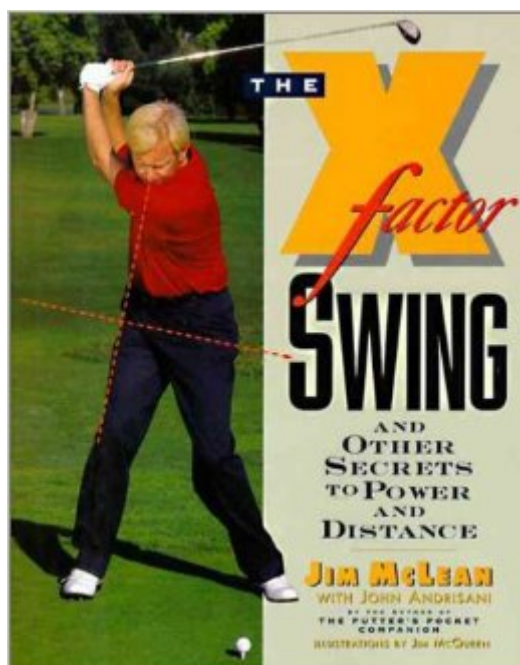


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# The X-Factor Swing



## Synopsis

For every golfer who wants to drive the ball farther down the fairway, the X-Factor will show them how. Jim McLean's phenomenal discovery of the secret to added distance has been the featured cover story of a bestselling issue of Golf magazine, the subject of a bestselling video, X-Factor, and has been integral to the raging success of the Jim McLean Golf Schools across the country. Jim McLean's theory is that it isn't how much a golfer turns, but how much the shoulders turn in relation to the turn of the hips, that creates the power behind a swing. He introduced his theory to a sports specialist who tested it out on pros like John Daly using a Sportsense Swing Motion Trainer (SMT)-a high-tech swing analysis machine which revealed that the differential between the turn of the shoulders and the turn of the hips creates the torque and the power in the golfer's drive. With The X-Factor Swing, McLean will teach the average golfer how to drive the ball like the pros.

## Book Information

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Average Customer Review: 3.6 out of 5 stars [See all reviews](#) (12 customer reviews)

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## Customer Reviews

I have read several books on golf and the golf swing and this is the best describing the long game. If you want to know how to generate power in the swing, this is the book. Most golf instruction books, videos and television shows describe the golf swing as unusual, unnatural and not anything like other sports. Jim McLean shows how the golf swing is very similar to other sports and imitates common athletic moves. After I read this book I was able to put Jim's concept of the X-Factor to immediate use.

Im not sure why this book is sold as a kindle addition. The video's do not work on the kindle fire so it

totally worthless.

This book could certainly use a better edit. If this is the first golf book that you are trying to purchase go with another author. Mr. McLean, while a great teacher, does not write well enough to convey information to the beginner. If you have read several books on the swing then you can understand the information he conveys. Otherwise, you will be lost in the nomenclature.

Mr. McLean is no doubt an expert in golf -- I have no doubt about that. I have seen several of his videos and have gained from them. This book, however, could have been helped immensely by a strong editorial hand. Mr. McLean waffles on and on about fragmentary parts of the swing, interspersing it with pointless stories and dropped names. Only one point comes through clearly: the power in a swing is generated by the differential between the hip and shoulder turn. I am sure that if I re-read the book more points would come to light, but it is far too tiresome.

Purchased this as an instructional manual. Have been totally amazed at the simplicity of the laying club on plane with the shift left rotate move prior to the downswing. Has increased my distance a good 30 to 40 yards of air time. Golfing buddies are amazed at my improvement. Anyone wanting more improvement and consistency needs to make this A Must Read.

I found this book to give interesting info on golf technique. The X-factor seems to make sense but it is a theory. I'm not sure if I totally believe in this theory. However, this book does offer some solid technique advice on how to play better and to hit the ball further. I also read recently "The Ultimate Golf Instruction Guide: Key Techniques for Becoming a Zero Handicap Golfer or Better" by Patrick Leonardi. This book gives you all the necessary and concise information on how to become a scratch golfer. I know because I used it and it helped me shoot scores in the 70-75 range.

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